HMV TRAINING

December 7, 2014
9am – 12pm
Temple B’nai Abraham
What is Hearing Men’s Voices?

- Developed by Federation of Jewish Men’s Clubs
- Nationally award winning program
- Founded by Dr. Robert Braitman
- Program to engage men in Jewish life through discussion of personal issues
BENEFITS OF HMV

- Discuss issues men have in common
- Increases Jewish involvement
- Socialize with other men
- Increases club involvement
- Grows membership
- It’s fun!
Goals of this training

- How to establish a new Hearing Men’s Voices program
- How to expand or improve an existing Hearing Men’s Voices program
Establishing a new program

- Attend an HMV training session
- www.fjmc.org
- Implementation guide
- Jewish Men at the Crossroads
- FJMC consultants
Implementation

- Identify a leader and/or leaders
- Establish a HMV committee
Committee goals

- Determine the subject of the program
- Establish frequency, duration and venue of the meetings
- Who will be the facilitator, host, and registrar for each session
- How to market the program
Jewish Men at the Crossroads

- Volume 1. Our Fathers, Ourselves
- Volume 2. Body and Spirit: Men Staying Healthy and Fit
- Volume 3. Listening to God’s Voice
- Volume 4 & 5. Building the Faith/Let’s Talk About It
- Volume 6. For Whom Do I Work
How to Choose a Topic

- Use Jewish Men at the Crossroads
- Start with subjects easy to talk about
- Select several subtopics which are related
- Relate to target audience
Temple Israel Sharon program

- Committee meeting in September
- Establish topic: “The Seven Questions You’re Asked in Heaven” by Ron Wolfson
- Six sessions: once per month, private home
- Choose hosts, facilitators, and registrars (increasing club involvement)
- Marketing (annual meeting, brochure, emails, phone, shabbat services)
Topics and dates are as follows

Business Practices – Profit or Prophet?
Tuesday, November 18, 2014
In your business practice, did you deal honestly with people?
Facilitator: Seth Freilich
Host Location: Bob Haimie
51 Eisenhower Drive, Sharon
Register with: Ron Rogers, 781-784-6837
insure101@aol.com

Long After I’m Gone
Tuesday, December 9, 2014
Did you leave a legacy?
Facilitators: Steve Binney
Host Location: Bob Kurland
9 Putnam Road, Apt #3, Foxboro
Register with: TBA

Wisdom and Torah
Tuesday, January 20, 2015
Did you set time for Torah? Did you spend time seeking wisdom?
Facilitator: Harvey Weinberg
Host Location: Steve Rafsky
646 Canton Street, Westwood
Register with: TBA

Is Your Glass Half Full or Half Empty?
Tuesday, February 24, 2015
Did your life contain hopefulness?
Facilitator: Arnie Freedman
Host Location: Neil Aronson
18 Juniper Road, Sharon
Register with: Aaron Ginsburg, 781-688-1598
aaron.ginsburg@gmail.com

If Only I Had Done That
Tuesday, March 24, 2015
Were those earthly pleasures, permitted to you, that you did not enjoy?
Facilitator: Gary Kheimach
Host Location: Jeff Stahl
112 Brook Road, Sharon
Register with: TBA

On a Scale From 1 to 10
Tuesday, May 5, 2015
Were you the best you could be?
Facilitator: TBA
Host Location: TBA
Register with: TBA

All Sessions Begin at 8:00pm

For More Information Contact
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HMV Committee: Norm Tabloff, Roy Klein, Neal Fineman, Morey Waltuck, Noah Horowitz, Paul Davidson, Howard Rothberg, Ken Turkewitz and Bob Braitman

Hearing Men’s Voices
Types of Programs

- Traditional HMV led by facilitator: 1-1.5 hour group session
- Rapid engagement model: rotating circles with 1–5 minute pairings
Role of Facilitator

- Expert vs novice
- Mental health professional vs layperson
- Assure confidentiality
- Describe facilitator role in meeting
- Encourage sharing of feelings and experiences
- Be a good listener
General Guidelines

- Save email and phone number lists
- Save previous years topics
- Send thank you emails to volunteers
- End of program review by committee
Questions